

## A Stronghold in the Day of Trouble

By John Miller

At one time or another we are faced with a situation we don't like, or think we can't handle. The one thing we have to realize is that some situations cannot be changed; we have to live with them. But having faith in God and knowing His power, we don't have to dwell on them.

Nahum 1:7

The prophet Nahum said, "The Lord is good, a stronghold in the day of trouble, and He knows those who take refuge in Him."

Three things to remember:

1. We all know God is good
2. Sometimes we forget that He is always there for us, no matter what
3. He knows everyone that trusts Him

To dwell on things that we cannot change is a sorry life to live. Living with God is a perfect marriage. He is there in sickness and health, rich or poor and death will not separate us from Him.